

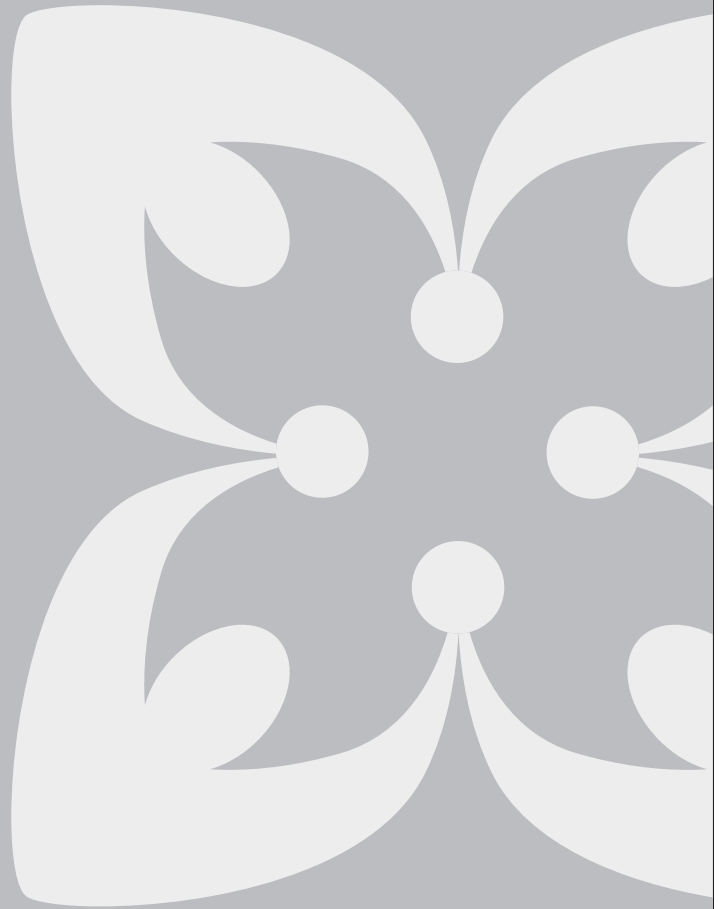


dementia care specialists

a CPI specialized offering

Delaware Department
of Health and
Social Services

Regulations/Dementia
Capable Care Training



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Delaware Department of Health and Social Services

4402 Regulations for Adult Day Care Facilities

4406 Home Health Agencies

4410 Skilled Home Health Agencies

4469 Personal Assistance Services Agencies

The following chart is designed to assist you in identifying some of the ways in which Dementia Care Specialists, a CPI specialized offering, can help your agency comply with the new regulations that require dementia-specific training each year for persons who are certified, licensed, or registered by the state, and/or who are partially or fully funded by the state, to provide direct health care services to persons diagnosed as having Alzheimer’s disease or other forms of dementia.

Program Alignment

Delaware Department of Health and Social Services	Dementia Care Specialists, A CPI Specialized Offering
<p>*4402 Regulations for Adult Day Care Facilities*</p> <p>13.14 Staff Training and Development</p> <ul style="list-style-type: none"> ▪ 13.14.1 Prior to assuming job responsibilities, all personnel shall receive training in: ▪ 13.14.1.5 Special needs of the elderly, persons with cognitive disabilities or persons with other disabilities, including the specific needs of the participants being served. ▪ 13.14.2 Ongoing staff development is required to maintain and improve the skills of the adult day care team and should include: <ul style="list-style-type: none"> ▪ 13.14.2.1 The needs of the elderly and persons with disabilities. ▪ 13.14.2.2 Assisting participants to achieve maximum self-reliance through re-learning and modifying activities of daily living. ▪ 13.14.2.3 <i>Physical restraint and the use of less restrictive alternative.</i> 	<p>The <i>Dementia Capable Care Foundation Course</i> provides all who work in dementia care a common framework about Alzheimer’s disease and related dementias (ADRD), a best-abilities perspective, dementia stages, behavior management, and care techniques to promote the best ability to function.</p> <p>Other objectives of this program include:</p> <ul style="list-style-type: none"> ▪ Identify paradigm shifts in our approach to dementia care. ▪ Demonstrate understanding of Alzheimer’s disease and related dementias (ADRD) and their impact on cognitive functions. ▪ Describe the stages of dementia and approaches to maximize function and emotional well being. ▪ Identify care approaches that promote best abilities corresponding to the Allen Cognitive Level (ACL) of the person with dementia. ▪ Identify ways to support care and treatment plans in order to maximize function and well being of persons with dementia. ▪ <i>While the use of physical restraint is not taught in the Dementia Capable Care Foundation Course, CPI does offer training in the safe management of assaultive and disruptive behavior through another specialized offering, Nonviolent Crisis Intervention® training.</i>

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<p>*4402 Regulations for Adult Day Care Facilities*</p> <p>13.15 Aide Orientation and Training</p> <ul style="list-style-type: none"> ▪ 13.15.3.4 Process of growth, development, and aging. ▪ 13.15.3.8 Maintaining a least restrictive environment. ▪ 13.15.3.9 Verbal/nonverbal communication skills. 	<p>In the <i>Dementia Capable Care Foundation Course</i>, staff receive an introduction to Alzheimer's disease and related dementias (ADRD), highlighting the identification of the stages of dementia. This includes:</p> <ul style="list-style-type: none"> ▪ Theoretical framework. ▪ Philosophical framework. ▪ Impact on cognition. <p><i>Dementia Capable Care</i> features an interdisciplinary dementia training program that creates a congruent culture of care—one that prioritizes the use of remaining abilities and individuality and enables dementia care staff to deliver a higher standard of dementia care. Specifically, it expands staff's knowledge of behavior and communication and provides them with strategies for minimizing those maladaptive behaviors and for enhancing positive communication.</p>
<p>*4402 Regulations for Adult Day Care Facilities*</p> <p>13.17 An Adult Day Care facility that provides direct health care services to persons diagnosed as having Alzheimer's disease or other forms of dementia shall provide dementia specific training *[each year]* to those health care providers who must participate in continuing education programs.</p> <p>The mandatory training must include:</p> <ul style="list-style-type: none"> ▪ Communicating with persons diagnosed as having Alzheimer's disease or other forms of dementia; ▪ The psychological, social, and physical needs of those persons; and safety measures which need to be taken with those persons. 	<p>The <i>Dementia Capable Care Foundation Course</i> sets the philosophical and theoretical frameworks for a best-abilities approach. Following these frameworks, discussions of ADRD, cognition, and the stages of dementia are examined at length. Separate units (Units 5 and 6) focus on behavior and communication along with supporting families.</p> <p>By focusing on helping individuals with dementia thrive and not just survive, the entire dementia care team will have the skills to bring out the best in an individual's abilities—improving function, safety, and quality of life.</p>
<p>*4406 Home Health Agencies--Aide Only (Licensure)*</p> <p>5.7 Staff Development</p> <ul style="list-style-type: none"> ▪ 5.7.4 All newly hired/contracted aides shall be required to complete or show evidence of having completed seventy-five (75) hours of training which shall include instruction and supervised practicum and which addresses: <ul style="list-style-type: none"> ▪ 5.7.4.3 Process of growth, development and aging; ▪ 5.7.4.8 Verbal/nonverbal communication skills; ▪ 5.7.6.12 Verbal/nonverbal communication skills; and ▪ 5.7.6.13 Principles of body mechanics. ▪ 5.7.4.14 The needs of the elderly and persons with disabilities. 	<p>The <i>Dementia Capable Care Foundation Course</i> provides all who work in dementia care a common framework about Alzheimer's disease and related dementias (ADRD), a best-abilities perspective, dementia stages, behavior management, and care techniques to promote the best ability to function.</p> <p>Other objectives of this program include:</p> <ul style="list-style-type: none"> ▪ Identify paradigm shifts in our approach to dementia care. ▪ Demonstrate understanding of Alzheimer's disease and related dementias (ADRD) and their impact on cognitive functions. ▪ Describe the stages of dementia and approaches to maximize function and emotional well being. ▪ Identify care approaches that promote best abilities corresponding to the Allen Cognitive Level (ACL) of the person with dementia.

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<ul style="list-style-type: none"> ▪ 5.7.6.14 Dementia specific training that includes: communicating with persons diagnosed as having Alzheimer’s disease or other forms of dementia; the psychological, social, and physical needs of those persons; and safety measures which need to be taken with those persons. ▪ 5.7.7 Documentation of orientation and continuing education must be in each individual’s personnel record and must include the date(s) and hour(s), content, and name and title of the person providing the orientation/education. ▪ 5.7.8 It is the responsibility of the home health agency to ensure that employees/contractors are proficient to carry out the care assigned in a safe, effective, and efficient manner. <p>*4410 Skilled Home Health Agencies (Licensure)*</p> <p>5.8 Staff Development</p> <p>5.8.6 Ongoing staff development is required to maintain and improve the skills of the caregiver. Aides shall attend at least twelve (12) hours annually of staff development activities which shall consist of inservice training programs, workshops, or conferences related to home health care or specific needs of patients and which shall include but not be limited to:</p> <ul style="list-style-type: none"> ▪ Instruction in how to assist patients to achieve maximum self-reliance through re-learning and modifying activities of daily living. ▪ Information on the emotional and physical problems accompanying illness, disability, or aging. ▪ Verbal/nonverbal communication skills. ▪ 5.8.7 Documentation of orientation and continuing education must include the date(s) and hour(s), content, and name and title of the person providing the orientation/education. ▪ 5.8.8 It is the responsibility of the home health agency to ensure that employees/contractors are proficient to carry out the care assigned in a safe, effective and efficient manner. ▪ 5.8.12 Dementia specific training that includes: communicating with persons diagnosed as having Alzheimer’s disease or other forms of dementia; the psychological, social, and physical needs of those persons; and safety measures which need to be taken with those persons. 	<ul style="list-style-type: none"> ▪ Identify ways to support care and treatment plans in order to maximize function and well-being of persons with dementia. <p>For organizations that wish to offer a more comprehensive training program related to a person-centered, best-abilities approach, CPI offers <i>Dementia Capable Care</i> training as a <i>Two-Day Foundation</i> and <i>Care Partner Applications Course</i>.</p> <p>Additionally, an organization may choose the <i>Three-Day Instructor Program</i>, which authorizes staff to teach the <i>One-Day Foundation Course</i> within their organization and implement an ongoing Training Process at their organization. All <i>Dementia Capable Care</i> programs are documented under the ID number of the Authorized Instructor, and, when course documents are received by Dementia Care Specialists, participants receive a certificate of completion. Participants also receive a Participant Workbook and must complete a post-test to ensure adequate understanding and fulfillment of the course objectives.</p>

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<p>*4469 Personal Assistance Services Agencies*</p> <p>4.5 Orientation and Testing</p> <p>4.5.1 All direct care workers are required to complete an orientation program given by the Agency before providing services to a consumer.</p> <p>4.5.2 The orientation program shall include but not be limited to:</p> <ul style="list-style-type: none"> ▪ 4.5.2.8 Process of growth, development and aging; ▪ 4.5.2.12 Verbal/nonverbal communication skills; ▪ 4.5.2.15 Activities of daily living; ▪ 4.5.2.18 Information on the emotional and physical problems accompanying illness, disability or aging; <p>4.5.3.2 It is the responsibility of the personal assistance services agency to ensure that direct care workers are proficient to carry out the care assigned in a safe, effective and efficient manner.</p> <p>4.5.4 A Personal Assistance Services Agency that provides direct health care services to persons diagnosed as having Alzheimer's disease or other forms of dementia shall provide dementia specific training to those health care providers who must participate in continuing education programs. The mandatory training must include:</p> <ul style="list-style-type: none"> ▪ Communicating with persons diagnosed as having Alzheimer's disease or other forms of dementia. ▪ The psychological, social, and physical needs of those persons; and safety measures which need to be taken with those persons. 	<p>In the <i>Dementia Capable Care Foundation Course</i>, staff receive an introduction to Alzheimer's disease and related dementias (ADRD), highlighting the identification of the stages of dementia. This includes:</p> <ul style="list-style-type: none"> ▪ Theoretical framework. ▪ Philosophical framework. ▪ Impact on cognition. <p><i>Dementia Capable Care</i> features an interdisciplinary dementia training program that creates a congruent culture of care—one that prioritizes the use of remaining abilities and individuality and enables dementia care staff to deliver a higher standard of dementia care. The training provides:</p> <ul style="list-style-type: none"> ▪ Expanded knowledge of behavior and communication. ▪ Strategies for minimizing behaviors and enhancing communication. ▪ Family support methods. ▪ Ways to support care and treatment plans in order to maximize function and well being of persons with dementia.