Dementia Therapy Training

One-day or two-day therapist training for delivering a higher standard of dementia care.



Dementia Capable Care Upcoming 2011 Schedule

Pittsburgh (Moon Township)**, PA** August 12—13, 2011 **Columbus, OH** September 16–17, 2011



dementia care specialists a CPI specialized offering

Don't miss this powerful training for therapists. See inside for details.



Dear Dementia Therapist,

Many of you may already be familiar with the person-centered, abilities-based approach to care we call Dementia Capable Care. Since 1998, this powerful training,

formerly known as *Dementia Therapy: Achieving Positive Outcomes for the Person With Dementia*, has empowered more than 5,000 therapists and their facilities to improve function, safety, and quality of life for countless individuals with dementia.

Driven by our own commitment and fueled by a history of unparalleled customer satisfaction, we have recently enhanced the training to include a one- or two-day option. We have also modified the content to improve the transfer of knowledge to the workplace. I am excited to share this quality training with dedicated therapists who share our passion and understand the need for a consistent, cohesive, and congruent approach to care.

Sincerely,

Kim Winchol

Kim Warchol, OTR/L President, Dementia Care Specialists, a CPI specialized offering

Upcoming 2011 Schedule

Pittsburgh (Moon Township), PA • August 12–13, 2011 Doubletree by Hilton Pittsburgh Airport 8402 University Blvd. Moon Township, PA 15108 • 412.329.1400

Columbus, OH • September 16–17 Hyatt Regency Columbus

350 N. High St. Columbus, OH 43215 • 614.463.1234

Overnight Accommodations: Please contact the hotel directly for room reservations. A limited number of rooms will be held under "Dementia Care Specialists" at a discounted rate. Make your reservations early to ensure you receive the discounted rate.

What Therapists are Saying

"Since attending the program, not a day has gone by that I haven't thought of what I learned and tried to apply it on the job."

> Shannon Windmeyer, OT Cary, NC

"This kind of focused care can help caregivers intervene in behavioral issues such as aggression, depression, or wandering, sometimes eliminating the need for medications prescribed to change behaviors."

> Ann Irwin, SLP Russellville, AR

"Dementia Capable Care has given me the tools and a positive frame of reference to use in helping others unlock the 'joys of life' inside the person living with dementia. Thank you again for the wonderful training."

> Julie Nelson, OT St. Paul, MN

Let Us Bring This Training to You!

We can bring the *Dementia Capable Care* training program directly to your organization as an exclusive presentation for groups of 10 or more with our on-site training option. Call Tom Spicuzza at **877.816.4524** for more information.



What Therapists Will Learn

Day One - Dementia Capable Care: Foundation

- Identify empowering paradigm shifts to create successful outcomes for those with dementia.
- Demonstrate an understanding of Alzheimer's disease and related dementias and their impact on cognitive function.
- Identify cognitive assessments and screening tools to identify best ability to function.
- Describe the best ability to function and key remaining abilities for each dementia stage, as defined by Allen Cognitive Levels.
- Identify key care approaches for each dementia stage to promote the highest possible level of function in ADL, mobility, and leisure activity.
- Understand strategies to enhance communication, minimize negative behaviors, and support families.

Day Two – Dementia Capable Care: Dementia Therapy Applications

- Further describe stages of dementia with an in-depth look at each Allen Cognitive Level.
- Describe cognitive assessment tools associated with the Allen Cognitive Disabilities Model and other complementary staging tools.
- Examine and practice writing goals and treatment plans for each Allen Cognitive Level.
- Describe the influence of Can do, Will do, May do and other factors on functional performance potential.
- Discuss keys for reimbursement.
- Understand how to create and implement a successful maintenance program.

Why Therapists Should Attend

- Training from Dementia Care Specialists helps clinicians deliver higher-quality care that improves outcomes and enhances quality of life for people with ADRD and their families.
- Experience shows that people receiving care appropriate to their abilities have fewer complications such as infections, stress, falls, hospital admissions, UTIs, skin breakdowns, depression/anxiety, and wandering.
- Well-trained therapists have more confidence and skills to successfully evaluate and treat those who may have learning impairments and behavior challenges related to ADRD.
- This training program establishes a common language so that staff teams are more effective at driving positive outcomes.

Maximize Therapy Services and Revenue!

Your facility could be losing at least \$4,200 in Med. A. revenue per resident. This training helps maximize reimbursements by ensuring that opportunities to provide therapy services aren't being missed and that clients with ADRD aren't being prematurely discharged because they "no longer show progress."

Our Faculty Team

Our faculty team rotates; one or more faculty team member will facilitate your program.



Chris Ebell, OT/L

Chris is the lead DCS trainer and an Allen Authorized Instructor. Chris received her B.A. degree in Psychology from the University of Dayton and her B.S. degree in Occupational Therapy from Chicago State University in 1987. In her many years of experience, she has specialized in geriatrics in various settings

including psychiatry, hospital rehab, skilled nursing, and home health. Chris lectures frequently on issues related to dementia management.



Sharon R. Host, OTR/L

Sharon received a B.S. degree in Occupational Therapy from the University of Alabama at Birmingham in 1996. Specializing in geriatrics, she has many years of experience in the long-term care setting and has also provided home health care. She has presented at AOTA and ALOTA conferences on pain

management, positioning, and documentation issues in the geriatric population. She currently works as an independent contractor and DCS trainer.



KimWarchol, OTR/L

Kim is president and founder of Dementia Care Specialists with over 22 years of experience as a practicing OT. Kim is an expert in the Cognitive Disabilities Model developed by Claudia Allen. Since 1999, she has educated over 5,000 therapists and other health care professionals on a best-abilities approach to

dementia evaluation, treatment, and programming. In addition, she has set up many dementia living environments and care programs using this model.

Also from DCS

Dementia Capable Care: Dementia Therapy Intermediate

Designed for therapists who have some experience using the Allen Cognitive Disabilities Model with geriatric dementia clients. Two-day course. 13 contact hours.

Interdisciplinary Training

One-, two-, and three-day options include a train-the-trainer program. Up to 13 contact hours. For more information and current training schedule, visit **crisisprevention.com** or call **877.816.4524**.

About DCS

Dementia Care Specialists (DCS) training empowers therapists and other care professionals with a positive approach like no other. By focusing on helping individuals with dementia thrive and not just survive, our compassionate instructors give the entire dementia care team the skills to bring out the best in an individual's abilities—improving function, safety, and quality of life, one day at a time. DCS training improves client care while also producing ROI in many ways, including maximized reimbursements, reduced employee turnover, and greater revenues.

Dementia Care Specialists is a CPI specialized offering. CPI is the standard-setting provider of behavior management training that equips employees to have an immediate, tangible, and lasting positive impact on the people and organizations they serve.



Two Training Options

Day One Dementia Capable Care: Foundation

The *Foundation* course provides all who work in dementia care a common framework for promoting best abilities.

Course content:

Introduction to Alzheimer's disease and related dementias (ADRD)

- * Theoretical framework
- Philosophical framework
- * Impact on cognition
- Identification of the stages of dementia
 - * Allen Cognitive Level and best-abilities approach
 - Care approaches to maximize function and well-being
- Behavior and communication
 - Strategies for minimizing behaviors and enhancing communication
- Family support methods

Course times: 8:30 a.m. – 5:00 p.m. with a one-hour lunch break (on your own). Registration: 7:30 a.m. – 8:30 a.m. 7 total contact hours.

For staff who need eight hours of training in Louisiana, class time can be extended.

Formerly known as Dementia Therapy: Achieving Positive Outcomes for the Person With Dementia.

Day Two Dementia Capable Care: Dementia Therapy Applications

The second day takes a deeper dive into therapy-specific information relative to assessment, care approaches, documentation, and maintenance programs.

Course content:

- Review of Foundation information
- Treatment Path Formula
 - ✤ Influence of Can do, Will do, and May do factors
- Cognitive Disabilities Model and Assessments
- Allen Level Modes
 - * In-depth examination of Allen Levels
 - * Strategies to apply information to goal setting and treatment planning
- Keys to successful reimbursement
 - Understanding regulations
 - Documentation
 - Coding
- Maintenance Programs
 - * OBRA and Joint Commission standards and regulations
 - * Tips for successful implementation within organizational structure

Course times: 8:30 a.m. – 5:00 p.m. with a one-hour lunch break (on your own). 7 total contact hours.

Already attended the Foundation course?

If you have already completed the *Foundation* course as taught by a DCS trainer or Authorized Instructor and are interested in the *Dementia Therapy Applications* course, please call us for more information at **877.816.4524**.

CEU Information

It is the responsibility of the registrant to ensure this course meets your CEU requirements prior to registration.

Occupational Therapists and Occupational Therapy Assistants: Dementia Care Specialists is an AOTA Approved Provider of Continuing Education. *Dementia Capable Care: Foundation* is offered for .7 AOTA CEUs. AOTA Education Level: Introductory, AOTA Classification Codes: Occupational Therapy Process, Domain of OT. *Dementia Capable Care: Dementia Therapy Applications* is offered for .7 AOTA CEUs. AOTA Educational level: Introductory, AOTA Classification Codes: Occupational Therapy Process, Domain of OT, Professional Issues. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

Speech Language Pathologists:

Dementia Capable Care: Foundation is offered for .7 ASHA CEUs (Introductory Level, Professional Area).

Dementia Capable Care: Dementia Therapy Applications is offered for .7 ASHA CEUs (Introductory Level, Professional Area).

Physical Therapists and Physical Therapy Assistants: PT CEUs awarded for many states. Not all states require pre-approval.



APPROVED PROVIDER of CONTINUING EDUCATION by The American Occupational Therapy Association, Inc.



Please visit crisispreventon.com/dcs-ceu for the most up-to-date list of our approved provider status prior to registration.

Course Fees

Guarantee: CPI guarantees your satisfaction with this training. If you are not 100% satisfied, we'll send you a full refund.

Individual:	Day One – Dementia Capable Care: Foundation \$149 Days One and Two – Dementia Capable Care: Foundation and Dementia Therapy Applications \$448
Group Discount:	Save 10% when three or more register from the same facility. Please contact us for additional discounts for groups of 10 or more.
Includes:	Course registration fee, beverages, and extensive handout material to help implement Dementia Capable Care immediately.

Cancellation Policy: We understand that circumstances may arise that require you to cancel. Registrations cancelled 15 or more days prior to the program start date are fully refundable, transferable to another individual, or transferable to a program at a later date. Registrations that are cancelled within 14 days of the program start date are nonrefundable; however, a substitute can be sent to that program or the registration can be transferred to another CPI program conducted within four months of the original program date for a \$35 administrative fee. If you do not attend, you are responsible for the full program fee. CPI reserves the right to cancel a program. In the event of program cancellation, CPI's responsibility will be limited to a refund of the program fees.

Who Should Attend

- Occupational therapists and occupational therapy assistants
- Speech-language pathologists
- Physical therapists and physical therapy assistants

Please Note: The one-day Foundation course is appropriate for all care partners.

Earn Recognition as a Dementia Capable Care Therapist.

Therapists who are committed to *Dementia Capable Care* can earn DCS recognition as a Dementia Capable Care Therapist. Organizations can earn similar recognition as a Distinguished Provider. For more information, visit **crisisprevention.com/dcs**.

Please complete participant and organization information. If registering more than one person, please make a copy of this registration form.		
Name		
Discipline	□ OT □ OTA □ SLP □ PT □ PTA □ Other (please specify)	
Organization Na Organization Typ	me pe □ Therapy Agency □ Nursing Home □ Assisted Living Facility □ Continuing Care Retirement Community □ Other (please specify)	
City, State, Zip	dress	
2 Please in	ndicate your training option, including city and program dates.	
🗆 Day One – L	Dementia Capable Care: Foundation\$149	
	nd Two – Dementia Capable Care: Foundation and herapy Applications\$448	
Program	City (See page 2.) Program Dates (See page 2.)	
3 Please s	elect your method of payment.	
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	I registration fee is due and payable prior to the start of the program.	
Please f	ill in your Customer Code as shown above the area on the back of this brochure.	
Priority Code: DC	S0611T	
	Four Ways to Register	
1. Online at crisispreve	ention.com 3. Toll-Free 877.816.4524 / 888.758.6048 TTY (Deaf, hard of hearing, or speech impaired) (US or Canada) M–F 7:30 a.m. to 6:00 p.m. (CT)	
payment i	tration Form with information to: 298 any hour 4. Mail Registration Form with payment information to CPI	

Dementia Therapy Training

delivering a higher standard of dementia care. One-day or two-day therapist training for



Upcoming 2011 Schedule Dementia Capable Care

August 12—13, 2011 (Moon Township), PA Pittsburgh

September 16–17, 2011 Columbus, OH



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