# Dementia Capable Care

Interdisciplinary training for delivering a higher standard of dementia care.



### Empower Your Dementia Care Staff to:

- Care for people with dementia in ways that improve quality of life.
- Provide person-centred care for people with dementia.
- Maximize function with an abilities-based approach.
- Improve communication to enhance understanding.

### Upcoming 2012 Schedule

Ottawa

July 10-12

**Toronto** 

September 11-13

Includes a train-the-trainer option for ongoing staff training.



Register today! Enhance your skills as

a dementia caregiver.

# Alzheimer's Disease — Canada's Complex Challenge

The numbers are sobering. There are approximately 500,000 Canadians living with Alzheimer's disease or related dementias. This year alone, 103,000 more will also be diagnosed, which is equivalent to one every five minutes. That number is expected to double in one generation. The cost is estimated at \$15 billion a year.

Behind all the numbers are unique individuals who want and deserve to be treated with dignity and respect... families who struggle to do the right thing for their loved ones... and care providers who understand that quality of life can be enhanced with a compassionate, consistent, and cohesive approach to dementia care.

### Creating a Compassionate Culture of Care

Dementia Care Specialists (DCS), a CPI specialized offering, introduces an interdisciplinary dementia training program that creates a congruent culture of care—one that prioritizes the use of remaining abilities and empowers dementia care staff to deliver a higher standard of dementia care, *Dementia Capable Care*.

Dementia Capable Care training is offered as a One-Day Foundation Course, a Two-Day Foundation and Care Partner Applications Course, and a Three-Day Instructor Program. Dementia Capable Care is best implemented through our train-the-trainer Instructor Program. With successful completion, Instructors are certified to teach the One-Day Foundation Course within their organizations and offered continual support for meeting ongoing training requirements and maintaining certification.

### About DCS and CPI

DCS training empowers therapists and other care professionals with a positive approach like no other. By focusing on helping individuals with dementia thrive and not just survive, our compassionate Instructors give the entire dementia care team the skills to bring out the best in an individual's abilities—improving function, safety, and quality of life, one day at a time. Dementia Care Specialists is a CPI specialized offering.

### More Than 30 Years of International Training Experience

CPI is the standard-setting provider of behaviour management training that equips employees to have an immediate, tangible, and lasting positive impact on the people and organizations they serve. Known internationally for its best practices and train-the-trainer methodology, CPI's *Nonviolent Crisis Intevention* training is considered the worldwide standard for crisis prevention and intervention training. Since 1980, more than six million professionals have participated in CPI's training, and thousands of organizations have successfully implemented CPI's safe, nonharmful techniques and developed comprehensive crisis prevention and intervention plans. CPI offers training both on site and at select locations in more than 150 cities worldwide.



# Change Attitudes About Dementia. Empower Staff.

Our interdisciplinary training changes caregivers' attitudes and empowers them to provide exceptional, personalized care based on each person's abilities. The DCS team is fully committed to quality of life for people with Alzheimer's/dementia and to a satisfying work experience for dementia care staff. Implementing Dementia Capable Care yields extraordinary benefits for clients, families, staff, and facilities.

### **Benefits for Clients and Families**

- The ability to thrive rather than just survive.
- Increased participation in meaningful activities.
- Improved function and independence.
- Enhanced quality of life.
- Peace of mind knowing that it's the right thing to do.

### **Benefits for Staff**

- Less time spent on behavioural issues.
- More time for quality care and relationships.
- Reduced job stress due to a more consistent approach.
- Improved morale due to greater team support.
- Greater job satisfaction and security.

### **Benefits for Facilities**

- Improved family communication and understanding of care plans.
- Improved staff retention and less turnover.
- Increased productivity in staff and managers.
- More positive client outcomes.
- Enhanced reputation as a quality dementia care provider.

### What Others Are Saying

"Dementia Capable Care has created a paradigm shift in our daily practice. After training, our moods literally shifted from being pensive and worried to being bright and uplifted. We feel confident about sharing this positive message to staff in the coming months."

Kamaljit Bahra, RN, B.ScN Program Support Nurse Peel Manor LTC Brampton, ON

"The information in this course is so practical and easy to use. There is now a cohesiveness and camaraderie among staff that lingers on, and a sense of team, purpose, and pride in their efforts."

Nadene Keon, RN Director of Care Unitarian House of Ottawa

### 2010 Ontario Retirement Homes Act

Dementia Capable Care training for your staff can help your facility proactively meet the training and dementia care standards as outlined in this Act. Go to crisisprevention.com/dcs for more information.

## Dementia Capable Care Interdisciplinary Training Options

The choice of

### One-Day Foundation Course

The *Foundation Course* provides all who work in dementia care a common framework for promoting best abilities.

### What you'll learn:

- Identify empowering paradigm shifts to create successful outcomes for those with dementia.
- Demonstrate an understanding of Alzheimer's disease and related dementias and their impact on cognitive function.
- · Identify cognitive assessments and screening tools to identify best ability to function.
- Describe the best ability to function and key remaining abilities for each dementia stage, as defined by Allen Cognitive Levels.
- Identify key care approaches for each dementia stage to promote the highest possible level of function in ADL, mobility, and leisure activity.
- Understand strategies to enhance communication, minimize negative behaviours, and support families.

Course times: 8:30 a.m. – 5:00 p.m. with a one-hour lunch break (on your own).

Registration: 7:30 a.m. – 8:30 a.m.

# Two-Day Foundation and Care Partner Applications Course

The first day of this training is the *Foundation Course*. This second day emphasizes application of new skills for the various aspects of dementia care.

### What you'll learn:

- . Link information about ADRD, cognition, and stages of dementia to work realities.
- Identify care approaches that will facilitate best ability to function for an individual at each stage of dementia.
- Practice person-centered communication strategies and care approaches specific to each stage of dementia.
- Develop customized care strategies.
- Create a comprehensive care plan, given communication strategies, care approaches, and behaviour responses.
- Explain how various team members' efforts contribute to achieving positive outcomes for persons with dementia.

Course times: 8:30 a.m. – 5:00 p.m. with a one-hour lunch break (on your own). Participants who are not going on to the *Instructor Program* will be excused at 4:00 p.m.

### Three-Day Instructor Program

The Instructor Program, our train-the-trainer option, begins on the third day. This course allows an organization to create a positive, congruent approach among all staff. Upon completion, participants gain authorization to purchase and use CPI's training materials to teach the

### What you'll learn:

. Key teaching points for each unit of the Foundation Course.

One-Day Foundation Course within their organizations.

- Strategies for staff training in a person-centered, abilities-based model.
- Adult learning methods to promote retention and training transfer.
- Course customization techniques to build relevance for different staff groups.
- DCS quality standards that support ongoing staff training.
- · Assigned practicum training for each participant.

### **Benefits of Instructor Certification**

Once certified, Instructors become an extension of our family of educators. Benefits include:

- · Authorization to purchase CPI training materials to train within your organization.
- Free ongoing support and consultation from CPI to deliver exceptional training.
- · Free refresher courses and online learning events.
- . Documentation of all training activities.
- · Link with CPI's global community of Instructors.

### Instructor Kit Included (\$579 Value)!

Every participant in the *Three-Day Instructor Program* receives a comprehensive Instructor Manual and materials necessary for staff training. The materials include an Electronic Presentation to help deliver the program with ease and a starter supply of *Foundation Course* Participant Workbooks.



Course times: 8:30 a.m. – 4:00 p.m. with a one-hour lunch break (on your own).

### Who Should Attend?

This training is designed for all care partners involved in dementia care, including administrators, facility educators, dementia program directors, therapists, nurses, nursing assistants, activities, social workers, dietary, housekeeping, and other support staff.

**Earn Recognition as a Dementia Capable Care/Care Partner.**Care partners who are committed to *Dementia Capable Care* can earn DCS recognition as a Dementia Capable Care/Care Partner. Organizations can earn similar recognition as a Distinguished Provider. For more information, visit **crisisprevention.com/dcs-recognition**.

# Upcoming 2012 Schedule

**GUATANTEE:**CPI guarantees your satisfaction
with this training. If you are not
100% satisfied, we'll send
you a full refund.

Ottawa, ON • July 10-12

Residence Inn by Marriott Ottawa • 161 Laurier Ave. W Ottawa, ON K1P 5J2 • 613.231.2020

Toronto, ON • September 11-13

Doubletree by Hilton Toronto Airport • 655 Dixon Rd. Toronto, ON MgW 1J4 • 416.244.1711

Overnight Accommodations: Please contact the hotel directly for room reservations. A limited number of rooms will be held under "Dementia Care Specialists" at a discounted rate. Make your reservations early to ensure you receive the discounted rate.

# Let Us Bring This Training to Your Facility.

We can bring *Dementia Capable Care* directly to your facility or organization. On-site training is an effective option if you have a number of staff members who need training. Just pick a date that's convenient for you, and we'll handle the rest of the details. Simply put, you can count on our experience, knowledge, and dedication to provide what could very well be the most important on-site training program your staff have ever participated in. The many benefits of on-site training include opportunities to:

### • Tailor the Content

Learning activities and case studies can be tailored to your organization's specific needs and challenges. This is guaranteed to make training unique and relevant which, in turn, will enhance learning and the transfer of skills to the real work environment.

### Schedule at Your Convenience

Training can be scheduled to fit your time frame, at a time and location that are most convenient for staff. This makes it easy to train staff on different shifts.

### Maximize Your Training Budget

You can eliminate travel and lodging expenses for employees. Without ever leaving the building, staff can gain new skills and confidence to improve the quality of care at your facility.

### • Protect Your Investment

CPI's Instructor Services Team will support your organization's training efforts and help protect your investment. You'll receive regular follow-up calls and reports on how your Instructors are maintaining their authorization.

Please call our on-site specialists toll-free at 877.816.4524 to discuss your specific training needs. We'll be happy to develop a FREE training recommendation and no-obligation proposal. You can also use our On-Site Needs Assessment Tool at crisisprevention.com/dcs.

### Dementia Capable Care Registration Form

Please complete participant and organization information. If registering

Save 10% when 3 or more register from the same facility

more than one person, please make a copy	of this registration form.
Name	
Title	
Organization Name	
Organization Type $\ \square$ Nursing Home $\ \square$ Assisted	l Living Facility
Retirement Community	
Other (please specify)	
Organization Address	
City, Province, Postal Code	
Phone (work)	
Email	
Please indicate your Dementia Capable Ca	re training option including city
and program dates.	re training option, including city
☐ One-Day Foundation Course ☐ Two-Day Foundation and Care Partner Appl☐ Three-Day Instructor Program	plications Course\$339
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Program City (See page 6.)	Program Dates (See page 6.)
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Program City (See page 6.)	Program Dates (See page 6.)
Program City (See page 6.)  Please select your method of payment.	Program Dates (See page 6.)  Check Enclosed Check#
Program City (See page 6.)  Please select your method of payment.  Purchase Order Enclosed PO#	Program Dates (See page 6.)  Check Enclosed Check#
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Program City (See page 6.)  Please select your method of payment.  Purchase Order Enclosed PO# Bill My Organization (I am authorized to purchase Credit Card Personal Corporate Credit Card Number	Program Dates (See page 6.)  Check Enclosed Check#  Chase.)  Exp. Date (MM/YY)
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Priority Code: DCS0512CDN

### Four Ways to Register



1. Online at crisisprevention.com



 Fax Registration Form with payment information to: 414.979.7098 any hour of the day.



3. Toll-Free 877.816.4524 / 888.758.6048 TTY (Deaf, hard of hearing, or speech impaired) (US or Canada) M–F 7:30 a.m. to 6:00 p.m. (CT)



Mail Registration Form with payment information to:
 CPI
 10850 W. Park Place, Suite 600
 Milwaukee. WI 53224

Cancellation Policy: We understand that circumstances may arise that require you to cancel. Registrations cancelled 15 or more days prior to the program start date are fully refundable, transferable to another individual, or transferable to a program at a later date. Registrations that are cancelled within 14 days of the program start date are nonrefundable; however, a substitute can be sent to that program or the registration can be transferred to another CPI program conducted within four months of the original program date for a \$40 administrative fee. If you do not attend, you are responsible for the full program fee. CPI reserves the right to cancel a program. In the event of program cancellation, CPI's responsibility will be limited to a refund of the program fees.

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Customer Code:

10850 W. Park Place, Suite 600

Milwaukee, WI 53224

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