



Nursing Continuing Education

Instructions to Receive Nursing Contact Hours

Approved States: Alabama, Alaska, Arkansas, California, Delaware, Florida, Iowa, Kansas, Kentucky, Louisiana, Massachusetts, Michigan, Minnesota, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, North Carolina, North Dakota, Ohio, Rhode Island, South Carolina, Tennessee, Texas, Utah, Washington DC, and West Virginia

1. Complete the Crisis Prevention Institute's (CPI) *Nonviolent Crisis Intervention*® training program.
2. Complete the enclosed Participant Test.
3. Complete the enclosed Course Evaluation.
4. Each contact hour will cost \$4.00. One contact hour is equal to 60 minutes.
5. Once you receive your CPI certificate upon completion of the course, take the number of contact hours and multiply by 4. This amount will be your payment for nursing contact hours. Include your payment to CEU Network by check, money order, or cashier's check.
6. Mail these completed forms and payment to:

CEU Network, ATTN: Helen
1832 Wildwood Road
Salem, VA. 24153
7. To receive your Contact Hours Certificate by email or mail, you must pass the enclosed test with 70% or higher accuracy. If you test below 70%, we will contact you for a test re-take at no charge.
8. Keep the Certificate in your records for at least four years.

If you have any questions or concerns regarding your Nursing Contact Hours, please email helen@ceunetwork.org.

Thank you.

Sincerely,
Helen Malin-Christiansen, RN, BSN, CRRN
Florida Board of Nursing Continuing Education Provider # NCE3419
CE Broker Provider # 50-923
CEUNetwork.org



CPI's *Nonviolent Crisis Intervention*® Training Program

CEU Network Participant Test

Name: _____ License #: _____ State: _____

Please write in True or False for the following questions:

- _____ 1. One who is involved in a crisis situation needs to provide for the *Care, Welfare, Safety, and Security*SM of all involved.
- _____ 2. Anxiety is usually the first behavior noticed when a crisis is developing.
- _____ 3. The CPI *Supportive Stance*SM is less threatening, communicates respect, and contributes to safety.
- _____ 4. The CPI *Verbal Escalation Continuum*SM includes Questioning, Refusal, Release, Intimidation, and Tension Reduction.
- _____ 5. Setting limits will be most effective when they are clear and simple, reasonable, and enforceable.
- _____ 6. Integrated Experience is the concept that behaviors and attitudes of staff impact behaviors and attitudes of the client, and vice versa.
- _____ 7. Fear and anxiety are universal human emotions.
- _____ 8. A strike and a grab are the two types of personal attacks.
- _____ 9. The final behavior level of a crisis situation is Tension Reduction.
- _____ 10. Empathetic Listening is an active process to discern what a person is saying.



CPI's Nonviolent Crisis Intervention® Training Program
Course Evaluation

Step 1: Answer each question below with the rating scale.

(1=Strongly Agree; 2=Neutral; or 3=Strongly Disagree)

- 1. The course objective was met.....
2. The course met my goals.....
3. The teaching method was effective.....
4. The course was presented in an understandable manner.....
5. The course met my needs.....
6. Time was effectively utilized.....
7. I would recommend this course to other nurses.....
8. The classroom was comfortable.....
9. List any educational topics that would be interesting _____

10. Additional Comments: _____

Step 2: Fill in the below information for Contact Hour submission:

Name: _____ License #: _____ State: _____

Address: _____

City/State/Zip Code: _____

Phone #: (_____) _____ Email: _____

Organization Address (if applicable): _____

Step 3: Complete and send the enclosed CEU Network Participant Test, Course Evaluation, and Contact Hours payment (check payable to CEU Network) to:

CEU Network, 1832 Wildwood Road, Salem, VA 24153

Step 4: Please indicate how you would like to receive your Nursing Contact Hours Certificate.

Select One:

- Send Certificate via first class mail
Send Certificate via email



**Nursing Continuing Education
Contact Hours
www.ceunetwork.com**

CPI's Nonviolent Crisis Intervention® Training Program

One-Day Seminar

Nursing Objectives:

The participant will be able to ...

1. ... identify behaviors that could lead to a crisis.
2. ... respond to each type of behavior to prevent escalation.
3. ... demonstrate verbal and nonverbal techniques to defuse hostile behavior.
4. ... identify his or her own fears and anxiety.
5. ... utilize CPI's Principles of Personal Safety to avoid injury.

Two-Day Workshop

Nursing Objectives:

The participant will be able to ...

1. ... physically intervene when it is the appropriate time in a crisis.
2. ... develop team intervention strategies and techniques.
3. ... assess the physical and psychological well-being of all involved in a crisis.
4. ... demonstrate safe and effective control and transport of an acting-out person.
5. ... develop and maintain rapport with an acting-out person.
6. ... explain the steps of debriefing after a crisis.

Four-Day Instructor Certification Program

Nursing Objectives:

The participant will be able to ...

1. ... explain why verbal aggression becomes physical.
2. ... design a program to address workplace realities.
3. ... objectively test participants' competency in a program.
4. ... explain what the risks are when utilizing restraints.
5. ... effectively facilitate a group and methods to enhance adult learning.
6. ... utilize CPI's services to customize and support his or her own facility's training.