

# Trillium Family Services – Oregon

## TRAINING IMPACT

- > Creates a safe, healing environment
- > Equips staff with a common language
- > Boosts staff confidence

## Situation

Trillium Family Services is Oregon's largest provider of mental health services to children and young adults. Many of the youth receiving treatment at Trillium have experienced severe trauma and adverse childhood experiences (ACEs). The staff at Trillium needed additional training to support the trauma-induced behaviour their patients were exhibiting.

Kyle Dolmage, clinical program manager at Trillium, explained, "Patients often have early-attachment disruptions; they display behaviours that test whether the adults around them can keep them safe or the environment safe. We know that our staff are going to need a lot of tools to keep themselves safe and to keep the youth in our care safe."

## Solution

CPI training was rolled out to all Trillium staff. Also, every new staff member must attend a week-long training seminar called Academy Week, which includes CPI training.

## Results

Today, all Trillium staff share a common language and a greater understanding of trauma-induced behaviours, allowing them to prevent situations from escalating when a patient is experiencing distress. Additional funding has also helped the organization develop a robust Certified Instructor program, consisting of eight instructors per region.

All of this has enabled Trillium to grow and expand their services to help more young people receive the healing they need.

“It's vital that we have staff trained in Nonviolent Crisis Intervention™ because that creates the safety and environment that's needed for healing.”

— Kyle Dolmage, Clinical Program Manager, Trillium Family Services

> To see how CPI training can make a positive impact on your human services organization visit [crisisprevention.com](https://crisisprevention.com) or call **800.558.8976**