6 Daily Mantras for a Positive Classroom

When a student gets anxious, I’ll be as supportive as possible.

I’ll remember to use every behavioral hiccup as a learning opportunity for students and staff.

Should a child’s behavior escalate, I won’t panic—I have a plan in place and I will follow it.

I will give positive support when a student re-engages with the classroom after a crisis.

If a student gets disruptive, I’ll take a deep breath before reacting or responding.

Deep breaths. The only behavior I can control is my own.

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