

Faculty of Education, Health & Wellbeing

University of Wolverhampton & CPI International

**PATHWAYS: BSc in Health & Social Care (Restraint Reduction),
University Diploma in Restraint Reduction, University Certificate
in Restraint Reduction**



Take your career to the next level with a BSc Degree,
Diploma or Certificate in Restraint Reduction
October 2016 - August 2017
Application process open from 1 May - 31 August 2016

IS THIS RIGHT FOR ME?

- **Flexible design.** The course is modular with a maximum of 20 taught days. In addition there are three one day tutorials available. The course is delivered over a 10 month period and is designed to be studied on a part-time basis alongside your day job.
- **Sector relevant.** If you're a professional working in education, health or social care, this course at all levels offers both knowledge and practical skills that will improve your understanding and implementation of a Restraint Reduction approach.
- **Career progression.** Successful completion of the course provides development opportunities, improving your eligibility for more senior posts.

WHAT WILL I STUDY?

- Definitions, epidemiology and models of violence.
- Understanding behaviour and models of behavioural change.
- Person-centred approaches, including service user and family perspectives, age, gender, culture and disability perspectives.
- Professional and legal issues pertaining to practice.
- Taking and managing risk.
- The role of organisational governance in creating and maintaining cultural change.
- Delivering workplace training.
- Restrictive physical interventions.



educate. empower. enrich.



"A senior manager has undertaken academic, research based study, on the emotional impact of physical restraint. This has resulted in a restraint reduction programme being introduced across the school, and there has been a dramatic decrease in the number of incidents resulting in restraints. No young people have been restrained within the residential houses since the last inspection."

Taken from the Ofsted Report
Wishmore Cross Academy
November 2015

"The programme research and learning were linked to current issues and challenges that many organisations face today. From a professional perspective this has enabled me to recognise specific service areas that can be developed through policy and guidance linking directly to improved practice."

Lindsay Wilson
Registered Care Manager
Nottinghamshire County Council

To find out more, email enquiries@crisisprevention.com,
call 0161 929 9777 or visit crisisprevention.com.

There is widespread concern that the use of coercive and restrictive practices is a reality for many individuals who access services. There is also evidence that these approaches are not always used as a last resort and have the potential to be misused or abused. Even when used as an appropriate response to maintain safety, it is accepted that the potential negative outcomes of such experiences in terms of physical and psychological trauma for all those concerned can lead to fragmented therapeutic relationships.

This course is designed via the pathways below to allow participants to gain knowledge and develop their understanding of factors which contribute to challenging, aggressive and violent behaviour as well as a range of approaches that can be utilised in creating restraint-free environments.

Mode of Delivery

You will be engaged in a variety of academic and practical learning opportunities through which you will develop your knowledge and practice. This includes face-to-face sessions, directed inquiry, online activities and self-managed study. You will enjoy the support of a personal tutor whilst studying on the course.

Entry Criteria and Cost

University of Wolverhampton BSc Degree	Relevant professional qualifications; e.g., Registered Nurse, Registered Teacher, Qualified Social Worker, etc.	£7,200 + vat or £6,350 + vat for current CPI Certified Instructors qualified to Advanced & Emergency Level
University of Wolverhampton Diploma	Experienced practitioner employed in either Health, Educational or Social care environment, (minimum 2 years) NVQ level 4 or above (or equivalent), pre-course interview, personal statement and reference from employer	£6,200 + vat or £5,350 + vat for current CPI Certified Instructors qualified to Advanced & Emergency Level
University of Wolverhampton Certificate	Experienced practitioner employed in either Health, Educational or Social care environment, (minimum 2 years) NVQ level 3 or above (or equivalent), pre- course interview, personal statement and reference from employer	£5,200 + vat or £4,350 + vat for current CPI Certified Instructors qualified to Advanced & Emergency Level

If English is not your first language, you will need evidence of TOEFL score 550 or above, or an IELTS score of 6.0 or above, or evidence of English proficiency equivalent to these scores.

