

## ALIGNMENT

# Delaware Adds New Training Requirements for Personal Assistance Services Agencies

(16 DE ADC 3345; Adopted 6/1/20, Effective 6/11/20)

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Alignment to Crisis Prevention Institute, Inc. (CPI)  
*Dementia Capable Care* Training

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## Alignment to Crisis Prevention Institute, Inc. (CPI) *Dementia Capable Care* Training

For more than 40 years, CPI has supported healthcare organizations that strive to provide the safest environment for staff, patients, and visitors. Not only will the *Dementia Capable Care* training program meet the new requirements in the Delaware regulation, CPI's train-the-trainer program and its family of advanced programs also offer a comprehensive array of curriculums that can meet all the needs an organization has.

The following chart is designed to assist you in identifying some of the ways in which CPI's *Dementia Capable Care* training program can help personal assistance services agencies in the state of Delaware comply with the training requirements within this law. It may also assist you in identifying areas that may require a review and/or revision in your facility's policies and procedures.

### Section 2: Definitions

**"Personal Assistance Services"** means the provision of services for compensation that do not require the judgment and skills of a licensed nurse or other professional. The services are limited to individual assistance with/or supervision of activities of daily living, companion services, transportation services, homemaker services, reporting changes in consumer's condition, medication reminders and completing reports. Medication administration is permitted if all of the requirements under subsection 5.4.3 of these regulations are met. These services do not require physician's orders.

**"Personal Assistance Services Agency"** means any business entity or subdivision thereof, whether public or private, proprietary or not-for-profit, which refers direct care workers to provide personal assistance services to individuals primarily in their home or private residence.

Administration - 3345.4	Correlation With <i>Dementia Capable Care</i> Training
<p>4.5 Orientation and Testing</p> <p>4.5.1 All direct care workers are required to complete an orientation program given by the Agency before providing services to a consumer.</p> <p>4.5.2.24 Dementia-specific training must include: communications with persons diagnosed as having Alzheimer's disease or other forms of dementia; the psychological, social, and physical needs of those persons; and safety measures which need to be taken with those persons.</p> <p>4.5.4 A personal assistance services agency that provides services to persons diagnosed as having Alzheimer's disease or other forms of dementia shall</p>	<p><b><i>Dementia Capable Care: Foundation</i></b> training includes a unit dedicated to communication and behavior. This includes an introduction to understanding distress behaviors as a form of communication, and the importance of remaining focused on the individual's perspective (including personhood and cognitive level characteristics). The unit offers insights into the meaning of the behavior expression, and the therapeutic approach to use in order to alleviate distress behaviors.</p> <p><b><i>Dementia Capable Care: Behaviors</i></b> training expands on these concepts, providing further education on how to identify distress behaviors and therapeutic</p>

provide annual dementia-specific training to all direct care workers. The mandatory training must include: communicating with persons diagnosed as having Alzheimer's disease or other forms of dementia; the psychological, social, and physical needs of those persons; and safety measures which need to be taken with those persons.

approaches to calm/de-escalate. The training teaches personhood, cognitive level information, CPI's *Crisis Development Model*<sup>SM</sup>, and behavior levels. Participants are provided with a variety of ways to recognize, prevent, and respond to distress behaviors nonpharmacologically, learning key concepts such as "behavior influences behavior." Participants are empowered to understand the causes of distress behavior in both generalized and personalized ways. They are provided with suggested therapeutic approaches and a protocol to identify and reduce frequency and severity of distress behaviors, in order to reduce the likelihood of a behavior that puts the resident, the care partner, or others at risk.