

ALIGNMENT



Joint Commission Memory Care Requirements for Nursing Care Center Accreditation: Alignment to *Dementia Capable Care* Training



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Alignment to *Dementia Capable Care* Training

The following chart is designed to assist you in identifying some of the ways in which the *Dementia Capable Care* training can help your facility to meet the new Joint Commission standards related to staff training and education established in HR.01.05.03, Element of Performance C24. It will also assist you in identifying areas that may require a review and/or revision in your facility's policies and procedures.

HR.01.05.03, Element of Performance C24	Alignment with <i>Dementia Capable Care</i> Training
Staff participate in annual education and training that aligns with current best practices in dementia care and includes the following:	CPI recommends that staff participate in annual training, and that this includes refreshers, as part of an ongoing training process.
Symptoms of dementia and its progression.	The <i>Dementia Capable Care: Foundation Course</i> introduces some of the most common dementias and some ways that they differ. Additionally, this concept is bridged back to several times during the discussions of memory, and the Allen Cognitive Disabilities Model that is used.
How to recognize potential symptoms of delirium.	The <i>Dementia Capable Care: Foundation Course</i> addresses the issue of delirium and some of the potential causes. The program suggests that if staff know the cause of the delirium, they can treat it as quickly as possible.
Understanding how a patient's or resident's unmet needs are expressed through behaviors, such as wandering or exit seeking. Note: Unmet needs could encompass pain, hunger, thirst, bowel irregularity, bladder troubles, boredom, loneliness, spirituality, cultural issues, or an underlying medical condition.	One of the core principles of the <i>Dementia Capable Care: Foundation Course</i> is that behavior is communication. Through several activities and discussions, the program suggests that staff look deeper into an individual's behaviors to discern any unmet needs. Additionally, throughout the program it is discussed and encouraged that staff be as proactive as possible and anticipate needs (toileting, hunger, pain, etc).
Communication techniques for the patient or resident with dementia.	In addition to viewing behavior as communication, the <i>Dementia Capable Care: Foundation Course</i> focuses on expressive and receptive communication for both staff and the individual with dementia. The program features a communication model that stresses the importance of the different types of communication. Further, there is a heavy emphasis on the level and different types of cueing that an individual may need to complete activities and ADLs. Using the Allen Cognitive Disabilities Model, the program speaks about the stages of dementia and how the communication strategies will need to change as the dementia progresses.

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Personalized approaches to behavioral expressions of unmet needs.	One of the core principles of the <i>Dementia Capable Care: Foundation Course</i> is that of person-centered care. Throughout the program, it is encouraged that staff learn the preferences of the individuals with dementia. When staff honor preferences and routines, the program suggests that unmet needs are far less likely. It is encouraged that staff learn how the individuals completed their ADLs, and to offer cues and assistance that replicate the individual's personal habits/ routines as much as possible.
Abuse prevention.	Participants in the <i>Dementia Capable Care: Foundation Course</i> learn that as staff become better equipped to assess each individual's best ability to function, the likelihood for abusive practices is greatly reduced.
Supporting the patient or resident through environmental cues and landmarks.	Within the program are several areas where environmental cues are suggested: making the supplies of a given activity visible to the resident, having familiar objects within their visual field, providing meaningful (to the individual) activities and sensory stimulation.
Environmental measures that promote comfort including room temperature, lighting, and sound.	The <i>Dementia Capable Care: Foundation Course</i> talks about minimizing distractions and utilizing meaningful sensory stimulation and activities for a person with dementia. This can include lighting, room temperature, sounds, as well as scents.
Participation in this education is documented.	CPI maintains documentation of training. This includes the dates, who was present, who taught the program, and the length of the program.