

Prevention First™ for Health Care 2025

COURSE OUTLINE

Course Description

Designed specifically for health care professionals, *Prevention First™* Online Training is a 30-minute, on-demand course to provide all roles and risk levels with the foundational skills to foster a safer workplace. This online course provides your staff with the skills to understand how to identify escalating behaviors, establish a common language across departments, and recognize when to call for help.

TRAINING COMPONENT	LEARNING INTENT AND OBJECTIVES	TIME NEEDED
Lesson 1: Behind the Behavior	<ul style="list-style-type: none"> Explain that distress behavior can occur as a response of the brain and body to a perceived threat. Recognize that a person may have Precipitating Factors that affect how they respond to a perceived threat. Recognize that a person's distress behavior is a communication of the distress to be able to respond with empathy. 	6 minutes
Lesson 2: The CPI Crisis Development ModelSM	<ul style="list-style-type: none"> Describe the four levels of the <i>Crisis Development ModelSM</i>. Explain how staff can respond effectively at each level of the <i>Crisis Development ModelSM</i>. 	14 minutes
Lesson 3: Successful Intervention	<ul style="list-style-type: none"> Describe how the attitude and behavior of the staff member can influence the attitude and behavior of the person in distress through the concept of the Integrated Experience. Recognize that their own Precipitating Factors can affect how they respond to a crisis situation. Describe strategies for Rational Detachment to manage their behavior and attitude in a crisis situation. 	8 minutes
Assessment	<ul style="list-style-type: none"> Complete an online quiz and survey. 	2 minutes
TOTAL RUN TIME: 30 minutes		